**Be Like an Astronaut**  
**Sensory Box Activity**

**Materials:**
- Book
- Large box or container
- Items that astronauts will need in space (tools, Velcro, vacuum-sealed food, juice pouch, gloves)
- Items that astronauts would study in space (different types of rocks, plants, book)

**Directions:**
1. Create your sensory box. Put all your items into a box or container.
2. Have students discover objects in the sensory box and think about how it pertains to an astronaut’s job and life in space.
3. Match the items to the words on the worksheet. Discuss how an astronaut would use these things in space.
How Do These Items Help an Astronaut in Space?

1. Velcro
2. Tools
3. Gloves
4. Pouch
5. Food
6. Book
7. Rocks
8. Plants